

General Meeting Tuesday 13th October

Whitby to the World by Ron Pickering

Ron is one of our members who has given us very entertaining talks before.



This talk covers the use of Britain's railways to deliver mail, and some more unusual items, the length and breadth of the country. We will meet highwaymen, fierce postmistresses, eccentrics and bank robbers on an exciting journey from Whitby to the World.



Kirbymisperton Village Hall

Refreshments from 9.45 am

Speaker from 10.30 am

£2.50 admin charge - cash or card

Books 3 for £2
100s to choose from

Jigsaws Just £2 each

Members Table
For news, updates, info, or a chat



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Coffee Mornings

We run two coffee mornings which are extremely popular.
Please pop along to one or both of our coffee mornings for a cuppa and a chat.

Malton Coffee Morning Drop-in

Kingfisher Café, Saville Street, Malton First Thursday of month 10am-12

Pickering Coffee Morning Drop-in

Forest and Vale Hotel, Pickering Third Thursday of month 10am-12



Report of September meeting

Elizabeth – the feisty feminist

The September talk by Mary Holmes covered women’s struggle for their human rights and the fight for the vote. When Elizabeth was born, women, as fifty per cent of the population, had no legal rights and belonged to their fathers and husbands. They were powerless and domestic violence was legally acceptable.

Born in Manchester, Elizabeth saw women in abject poverty and her family were involved in radical politics, hoping to change the dire circumstances in which many women, men and families found themselves. She dedicated her life to campaigning for equality especially in education, marriage and politics. She was a founder of the Suffragist Movement, demonstrating shoulder to shoulder with the Pankhursts.

Mary spoke of Elizabeth with great fondness and admiration, for a women who has not been properly recognised for her relentless pursuit of equality for women.



By Linda McC

AGM Report

The AGM was held on Tuesday 8th September, attended by 84 members. David E (Chair) welcomed about 15 new members who were attending the monthly meeting for the first time.

He highlighted that we have had a very successful year, with nearly 100 new members including 30 in June to August, which is usually our quiet time with less meetings.

He thanked all committee members and group leaders for their hard work in making our year run smoothly, it is greatly appreciated. A full report has already been circulated to all members.

Retiring Treasurer, David H, presented our 2025-26 accounts, which show a very healthy financial position. Our reserves have grown for several reasons, and we are able to invest some of that cash in relevant equipment and groups. All suggestions are welcome and will be considered in committee. Again, a full report has been circulated.

David E (Chair) and Bob G (Secretary) were re-elected and new Treasurer Nick M was confirmed. A full committee was also confirmed, including four new members, Dan D, Christine H, Suzanne P and Paul S. You are all very welcome and thanks to all for stepping up to help run Ryedale u3a.

The full committee is as follows:

David Emslie	Chair
Bob Gardiner	Secretary
Nick Milne	Treasurer
Pat Davis	Membership secretary
Anita Gilham	Newsletter editor and website manager
David Holmes	
Linda McCarthy	
Dan Dwyer	
Kath Seed	
Serena Williams	
Suzanne Pulleyn	
Paul Styles	
Chris Hudson	

All contact details can be found on the website
ryedale.u3asite.uk/trustees

Welcome to new members:

Patricia H, Malton
Ken and Sharron V, Pickering
Katherine and Robert H, Pickering
Sue and Mike S, Pickering
Martin B, Malton
Wendy R, Helmsley
Dorothy M, Norton
Judith and Stuart C, Slingsby
Phyllis and Stan L, Malton
Mary E, Pickering
Maria G, Pickering
Hazel R, Malton

**Available from pick-up points
usually by the end of each month**

Please remember - printing is expensive

Malton area	Malton Library, St Michaels Street
Norton area	Norton Hive Community Library, Commercial St
Pickering area	Pickering Memorial Hall, Potter Hill
(Please ensure you only pick up your personally named copy)	
Kirkbymoorside	Kirkbymoorside Library, High Market Place

If you are unable to get to a pick-up point we will send you a copy if you send a book of 2nd class stamps to Judi

Refreshment Rota Coordinator / Chairs Rota

Please consider joining the rota, or maybe just be called on at short notice if a named person cannot attend.

Contact Janet

We also need volunteers to help put out the chairs for the meeting. If you are able to join this rota please talk to 'the person wielding the trolley' at the end of one of the meetings to see what is involved.

Refreshments volunteers for the next meeting

Kathryn L and Katie D

(Please bring your own cup/mug if you do not like the paper cups)

Discounts available

These offers are currently available to u3a members, **on production of a u3a membership card.**

Kemp's General Store, Market Place, Malton, a wonderful little book and gift shop, is offering 10% discount. This excludes events, book tokens and gift vouchers.

Forest and Vale, Pickering gives 10% discount on evening meals, food only.

In addition, **Steam and Moorland Garden Centre** offers a discount in their **café** if you join their loyalty scheme. Just ask for a form in the café. This offer is available to all.

Newsletter





Ryedale Group News

Details of all groups can be found on our website ryedale.u3asite.uk/groups

Groups Coordinator

Cycling

David H

Autumn colours and farmers cutting hedges are sights for the next couple of rides. Also, how long dare we keep wearing shorts? With the Tour of Britain and Vuelta a España finishing in September, European cycling events are ending for the year, so our inspiration will have to come from within us, and scoffing cakes at café stops!



Italian Conversation

Mary

This group generally meets on a Thursday afternoon for about two hours. This month members talked on the theme of music. An enjoyable range including piano playing, Italian words, favourite pieces of music and even listening to a song.

Some knowledge of the language is needed but sometimes people improve or refresh their Italian before coming.

Pickering Library also runs a conversation group on a Friday 10.30 to 11.30. This is a chance for a weekly session if you are a beginner or interested.

We are planning to meet in the Old Lodge Malton at 2.30, this time on the last Thursday of the month.

This venue has lots of parking and the coffee and biscuits are good.
Ciao tutti

Birdwatching

Diana and Terry

In September we began our new programme of monthly outings with a return to the coast, visiting Filey. We first went to Filey Dams, a small reserve on the edge of a housing estate, which is particularly good for waders at this time of year. We were rewarded with good sightings of both Green and Wood Sandpiper. Then on to Filey Country Park, a very different habitat of coastal cliffs and shore with Oystercatchers present in large numbers.

At the start of the year, the Group is full and we have a considerable waiting list.

Taiji

Christine

Taiji resumes on Monday 21st September at 9.30am in the Memorial Hall Old Malton and will continue weekly until Christmas. New members are always welcome, just turn up and try a class. For further information and encouragement please contact me.



Pins and Needles

Susan

We had a good turn out for our first session of the new u3a year. We had six members and each one of us was working on a different pins and needles project: knitting, embroidery, making felt hearts for Christmas Trees (!), tapestry, patchwork quilting and making a pattern for a chair.

If you would like to find out more about our group, please do not hesitate to contact me and I can arrange for you to come along for a taster session.



Rummikub

Dee and Dan

Rummikub group is thriving at The Talbot but is currently full.

Anyone wanting to join can add their name to the Waiting List.



Line Dancing

Seated Dancing

Beginners line dancing has started again on Wednesday mornings and there are still a few places if anybody would like to join.

Seated dancing continues on Thursday mornings.

Please get in touch if you wish to try either class. Please don't just 'turn up' as there are limits to class sizes.

And those who were seen dancing were thought to be insane by those who could not hear the music.

Friedrich Nietzsche



Photography

Paul

After our July meeting when we viewed the group's images of 'silhouettes' and considered elements of photographic composition, we took a break for the month of August. Reconvening in September, with another new member, Gill, we shared the group's interpretation and expression of the theme of 'summer' before exploring aspects of photographic exposure. It was good to see that the group's inventiveness and creativity in producing images for each month's challenge had not dimmed over the August break, and we now enter with enthusiasm the Autumn season, often considered the best time of year for photography.

This month's 'Summer' photo is by Lesley.



Theatre Appreciation

Diana

Middleton Village Hall was very lively on the morning of September 15th, at the first meeting of The Theatre Appreciation Group. In a mixture of theory and practical exercises we touched on the creative process of taking a play from page to stage, exploring the roles of the producer, the director, the designers and the casting director. We were treated to some impressive performances of short pieces of script.

We meet at 10.30 on the third and fourth Tuesday of each month. If you'd like to join us, contact Diana.



History

Linda



The September meeting of the History group took us to the medieval church of St Peter and St Paul, which sits at the heart of the market town of Pickering. The church is best known for its collection of 15th century wall paintings regarded as one of the most complete sets of medieval wall paintings in England. They are absolutely breathtaking when you consider their age and hear the fascinating story of their rediscovery in the 19th century. We had the benefit of an excellent guide, Trevor. He described each section of the artworks and what they represented. We wondered at the original artists' depiction of the martyrdom of John the Baptist, St. Catherine and St Edmund, St. George and the slaying of the dragon and the Resurrection and more. The paintings were used primarily to educate the illiterate congregation but had us all spellbound as Trevor explained how, following the Reformation and the whim of the incumbent Reverend Ponsonby in 1852, the original Catholic images were whitewashed over, before being restored in 1880. If you haven't been to this jewel of a church – then go!

Walking Groups

Strollers	Linda
Short walks	Susan
Medium walks	Peter
Long walks	Eric
10 milers	Simon

For specific details of walks contact the named walk leader



Strollers Linda

The month of September had the Strollers in the woodland and alongside the pond and stream in Thornton le Dale. A cooling perambulation of about 2 miles beneath the greenery of the trees and then on to a delightful lunch at The Grapes nearby. All in all, a perfect outing.

Short walks Susan



September’s Short Walk took us to Thornton le Dale. 15 of us met up in the car park and headed off in a northerly direction along the beck towards Ellerburn, past the fish hatchery. The weather was beautiful and it was a most enjoyable walk. We finished the walk off with a visit to Balderson’s café for coffee.

Our next walk will be on Wednesday 14th October when we will be meeting at Dalby Forest Car Park at 9.45am for a prompt 10am start.

For further information please contact Susan

Medium walks Peter

Date:	Tuesday 6 th October	10 am
Start:	Helmsley	
Distance:	6.67 miles to Rievaulx, all easy with one short climb	

Details will be sent out in late September

Long walks Eric

Date:	Tuesday 20 th October	10 am
Start:	Moors Inn, Appleton-le-Moors	
	Grid ref SE734879	w3w ///alright loafing.crunched
Distance:	7 miles	
Contact:	Wendy or Eric	

Please bring a packed lunch

Report of August walk by Stewart S



Seven members joined the August walk in the Howardian Hills. The route of 11 miles was roughly circular, using the same route out and back for the last mile. One of our group called it a lollipop route which seemed like a good description. Our starting point was Barton-le-Street. We headed south on Kirk Road and on to Coneysthorpe.

From there we skirted the gardens of Castle Howard and joined the Centenary Way for a short distance. We continued via Hutton Hill, High Gaterley and Easthorpe, returning via Kirk Road.

We had fine views of Castle Howard and its dramatic monuments on the route. Our coffee stop was at the Four Faces Folly, a classical-style monument hidden deep in woodland. On the return route we enjoyed fine views across the Vale of Pickering.

We met two different u3a walking groups en route, Easingwold and Sherburn in Elmet, walking in the opposite direction to us.

The sun shone and the rain held off.

October - 10 miler

- Date: Tuesday 27th October
- Time: 9.30 am
- Start: Car park on Bransdale Road after Ousegill Bridge at the track junction to Moor Houses
Grid ref SE 6365 9469 w3w ///star.letters.ditching
- Distance: 10 miles approx
- Led by: Jennifer
- Note: Walk details are subject to change as they still need to be confirmed (by a recce)

November - 10 miler

- Date: Tuesday 24th November
- Time: 9.30 am
- Start: Layby at the top of Clay Bank on the left (west) side of the Bilsdale road (B1257) to Stokesley
Grid ref: NZ 5727 0336 w3w /// tower.youths.postcard
- Route: A "Cleveland Four Peaks" challenge
Starting from the layby walking a loop via White Hill, Cold Moor, Cringle Moor and Carlton Bank summits, then returning on a lower level route
- Distance: Slightly less than 9 miles, but with 2,087 ft of ascent/descent it may feel like 10 miles!
- Led by: Eric
- Note: If the weather looks to be bad we may change the walk, as it will be no fun on the tops in bad weather



Answers to September Quiz:

Barista, Librarian,
Bricklayer, Ice Skaters,
Social Workers, Carpenter,
Engineer, Scientist,
Procurator, Vicars, Welders,
Secretary, Politician, Stylist,
Dentist, Economist,
Plumber, Accountant,
Electrician, Advocate,
Mechanic, Surgeon,
Constable, Farmer,
Astronaut.

Judy C and Team P had all correct (25/25), with Alan & Chris K, David F and Laura S on 23/25 and Sue S with 21/25

With thanks as always for your entries (despite my errors with nbr of letters!) – just loved the alternative answers for nbr 15 of Postman or Burgher!

Good luck with this month’s offering from guest setter Gauss.

Send in your entries to

Judi

by 15th October



October Quiz

This is another one by our mystery setter Gauss

Each answer is a word which starts and finishes with the same letter.
The clues are alphabetical. There is no Q.

1	Smart people work here (8)	
2	A tree (4)	
3	Person who judges (6)	
4	Fear (5)	
5	Fizzy (13)	
6	Soft mass of fibres (5)	
7	Russian prison (5)	
8	Professor Fry first name (6)	
9	Middle eastern (5)	
10	Oops in a Balkan language (3)	
11	It’s not a canoe (5)	
12	Even (5)	
13	The biggest (7)	
14	A gas (4)	
15	A river (7)	
16	Abnormal growth)5)	
17	Type of gun (8)	
18	Taste of a lemon (8)	
19	Sixties dance (5)	
20	Australian rock (5)	
21	Latin root meaning alive (3)	
22	What hippos like to do (6)	
23	Photocopy (5)	
24	Tasty (5)	
25	Jewish mythological bird (3)	